

FOR IMMEDIATE RELEASE: August 17, 2012

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SEPTEMBER 2012 EVENT/ACTIVITY LISTINGS

GLENDALE, Ariz. – The following events are offered from the city of Glendale Parks, Recreation and Library Services in September.

How to Find and Get Your Perfect Job

10 a.m. – 12:30 p.m., Tuesday, Sept. 4, Glendale Main Library, 5959 W. Brown St.

Participants will learn the three stages of a successful job hunt: Exploration, Preparation, and Action. The use of assessments, personal branding, networking, resumes and internet job-searching will be linked with resume distribution, interview preparation and timely follow-up. For more information or to register, call 623-930-3530.

Basketball Clinic

Tuesdays, beginning Sept. 4 for 8 weeks, Foothills Recreation & Aquatics Center, 5600 W. Union Hills Dr.

Ages 6-15 can learn and improve their basic fundamentals of shooting, ball handling, offense and defense in this interactive basketball clinic. Clinic includes intramural games. Ages 6-8 meet from 4:30 – 5:30 p.m. and ages 9-15 meet from 5:45 – 6:45 p.m. Clinic is \$40 (non-resident \$48). For more information, call 623-930-4613.

Gentle Reads Book Discussion Group

10 a.m. – 12 p.m., Wednesday, Sept. 5, Foothills Branch Library, 19055 N. 57th Ave.

Join us on the first Wednesday of every month to discuss emotionally-uplifting and inspirational fiction. This month's selection: "The Reading Promise: My Father and the Books We Shared" by Alice Ozma. Call 623-930-3844 for a list of discussion titles and more information.

Foothills Coffeehouse: Live Acoustic Music

6:30 – 8 p.m., Wednesday, Sept. 5, Foothills Branch Library, 19055 N. 57th Ave.

Join us the first Wednesday evening of every month for acoustic music performed by local musicians. For more information, call 623-930-3844.

Historic Main House Museum Tour

10 a.m. – 2 p.m. every Thursday–Saturday and 1 - 4 p.m. every Sunday in September, Sahuaro Ranch Park Historic Area, 9802 N. 59th Ave.

Enjoy a trip back in time! Learn about the house built between 1891 and 1898, the history and the people who lived there during this free tour. Groups of 10 and more should call 623-930-4201 for reservations. For more information, call 623-930-4200.

Friday Social Dance

6:30 p.m., Sept. 7, Foothills Recreation & Aquatics Center, 5600 W. Union Hills Dr.

Have you learned a new dance skill, but don't have anywhere to dance? This is a great place to practice your dance skills or learn new styles. Experience ballroom, Latin, swing, jazz, and other styles. The evening will include a 45-minute instructional class, performances from various dance classes and social dancing. Admission is \$7 (non-resident \$9). Contact Lori Palmer at 623-930-4613 for more information.

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GLENDALE SEPTEMBER EVENTS

Add 1-1-1

ACT Practice Test

1 p.m., Saturday, Sept. 8, Velma Teague Branch Library, 7010 N. 58th Ave.

Experience the ACT under true-to-life testing conditions for free! Test takers will have the opportunity to learn more about the ACT, test-taking strategies and tools for researching college and financial aid options during a free follow-up strategy session on Thursday, September 13 from 6:30 to 8:00 PM. Ages 14-19. Teens may register for both events by calling 1-800-2REVIEW or online at www.princetonreview.com.

Community Service Saturday

12:30 – 4:30 p.m., Saturday, Sept. 15, Glendale Main Library, 5959 W. Brown St.

Teens ages 12-18 can earn four hours of community service credit at this monthly program. Sign up and help with library events, organizing materials and other tasks. You must remain for the full four hours of the event to receive credit. Teens must bring their school or extra-curricular paperwork with them to the event. We cannot accept those completing court-ordered community service during Community Service Saturday. Call 623-930-3537 to register.

Real to Reel Book Discussion

1 – 3 p.m., Monday, Sept. 10, Glendale Main Library, 5959 W. Brown St.

Join us for a discussion of a book made into a movie. Read the book or see the movie or do both! This month's title: "Water for Elephants" by Sara Gruen. Call 623-930-3555 for more information.

Points-Based Poker League

Mondays, 6:30 p.m., Sept. 10-October 29,

Foothills Recreation & Aquatics Center, 5600 W. Union Hills Dr.

A fun, recreational, educational program for ages 18 and older. No prize money is involved. Includes six regular-season games and end-of-season tournament. Awards are given to league and tournament champions. No play on October 8. League fee is \$17 (\$21 non-resident). Register by calling 623-930-4600.

Adult Softball Leagues

Meeting, Monday, Sept. 10, City Council Chambers, 5850 W. Glendale Ave.

Glendale will offer a fall adult softball league program for Men's and Coed teams playing at Sahuaro Ranch Softball Complex and Foothills Softball Complex. Teams should attend this organization meeting for information on league format, rules, sign up and lottery information and those teams represented at the meeting will receive a \$50 off registration fee coupon for league sign up. Sign up starts Sept. 11. For more information and the meeting times, call 623-930-2841 or visit www.glendaleaz.com/parksandrecreation.

2012 Arizona Cardinals/NFL Punt, Pass & Kick Competitions

6 p.m., Tuesday, Sept. 11, at Foothills Sports Complex, 19070 N. 57th Ave.

6 p.m., Tuesday, Sept. 18, at the Glendale Youth Sports Complex, 6221 N. 91st Ave.

This is a national skills competition in which girls and boys in four separate age divisions compete against each other in punting, passing and placekicking in a fun and engaging forum. Scores are based on distance and accuracy. This program is FREE for boys and girls ages 6-15. Onsite registration begins at 5 p.m. sharp, and the competition begins at 6 p.m. Winners from each local competition will advance to the sectional competition on Sunday, Oct. 28. The top four boy and girl first place finishers in each age bracket from the sectional competition will advance to the Team Championships during a Cardinals home game on Nov. 25. For more information, call 623-930-2841.

eBook Reader Lab

6 – 7:30 p.m., Wednesday, Sept. 12, Glendale Main Library, 5959 W. Brown St.

Marlene Jacobson, the library's own Digital Librarian, will be available to offer eBook reader assistance. This free open lab is for help with eBook reader selection and with ebook downloading. Bring your own eReader for specific advice. An assortment of the most popular readers will also be available for you to explore. No registration is necessary. For more information call 623-930-3531.

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GLENDALE SEPTEMBER EVENTS

Add 2-2-2-2

CPR and First Aid Training

6 – 9 p.m., Wednesday, Sept. 12, Foothills Recreation & Aquatics Center, 5600 W. Union Hills Dr.

Learn basic CPR and first aid, providing you the knowledge and skills necessary to administer emergency care in cases of injury or sudden illness. Successful completion cards will be distributed. Optional health care provider cards (required for some health care employment) offered for an additional \$5, payable at class. Available for ages 12 and older. Class is \$37 (non-resident \$44). For more information, call 623-930-4613.

Theater Works Presents “Dusty Locks” at Glendale Main Library

2 – 3 p.m., Saturday, Sept. 15, Glendale Main Library, 5959 W. Brown St.

Join us for a Theater Works presentation of “Dusty Locks and the Three Bears,” a western version of the fairy tale. This presentation is free and will be held in the auditorium. For more information, call 623-930-3537.

58th Avenue Book Club

10:15 a.m., Tuesday, Sept. 18, Velma Teague Branch Library, 7010 N. 58th Ave.

Join us for coffee and donuts and a great discussion. This day’s topic is polygamy, both fact and fiction. Selections include “True Sisters” by Sandra Dallas, “The 19th Wife” by David Ebershoff, and “Love Times Three: Our True Story of a Polygamous Marriage” by Joe, Alina, Vicki and Valerie Darger. Book club selections are available for loan at the reference desk. For more information, call 623-930-3431.

The Skinny on High Cholesterol

6:30 – 8 p.m., Tuesday, Sept. 18, Foothills Branch Library, 19055 N. 57th Ave.

Presented by Tara Storjohann, Pharm.D., CGP, of Midwestern University. Keeping healthy cholesterol levels in your system is essential to your body’s wellbeing. Dr. Storjohann will explain what your cholesterol levels mean for your current and future health, tell you more about medications used to treat high cholesterol and offer suggestions on natural ways to maintain healthy cholesterol levels in your body. For more information, call 623-930-3868.

Letter Perfect Pencil Holder - Fun with Parks & Recreation

4 – 4:45 p.m., Wednesday, Sept. 19, Glendale Main Library, 5959 W. Brown St.

Children can join us to make a decorated pencil holder, perfect for back to school, in this partnership with the Parks and Recreation side of Parks, Recreation & Library Services. J.B., a recreation programmer, will guide the interactive fun! First come, first served.

Basic Estate Planning – An Introduction

6:30 – 8:30 p.m., Wednesday, Sept. 19, Foothills Recreation & Aquatics Center, 5600 W. Union Hills Dr.

Establish or refine your financial and estate planning goals. Learn to avoid probate; the ins and outs of wills, trusts, living wills and powers of attorney; how to protect your assets and more. Ages 18 and older. Taught by a certified CPA, CFP and PFS instructor. Class is \$18 per person/couple (non-resident \$22). For information, call 623-930-4613.

A Novel Approach Book Discussion Group

7 p.m., Wednesday, Sept. 19, Foothills Branch Library, 19055 N. 57th Ave.

Join us on the third Wednesday of every month to discuss engaging and thought-provoking popular fiction. This month’s selection: *One Mississippi* by Mark Childress. Call Sarah at 623-930-3844 for a list of discussion titles and more information.

Go The Distance! Half Marathon Training Group

7 a.m., Saturdays or Sundays, beginning Sept. 22,

Foothills Recreation & Aquatics Center, 5600 W. Union Hills Dr.

Thinking about running a half marathon? This is a 17-week build up to the PF Chang’s Half Marathon in January. Run slow? Don’t worry about speed. By the start of this program, participants should be comfortable running 10 to 15 miles a week, at around four miles an outing without stopping. Group distance runs will be held at 7 a.m. on Saturdays or Sundays beginning Sept. 22. Complete your training runs in the pace group which best fits your ability. For more information, call 623-930-4610. Price is \$82 (non-resident \$100). Fee does not include half marathon entry fee. For more information, call 623-930-4600.

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GLENDALE SEPTEMBER EVENTS

Add 3-3-3-3

Instant Piano for Hopelessly Busy People

2 – 5 p.m., Sunday, Sept. 23, Foothills Recreation & Aquatics Center, 5600 W. Union Hills Dr.

While regular piano teachers teach note reading, piano professionals use chords. You will learn all the chords you will need to play any song in this one session. Any song, any style, any key. If you can find middle C and know the meaning of Every Good Boy Does Fine, you already know enough to enroll in this workshop. Class is for ages 18 and older. Total beginners can request a free pamphlet by sending a SASE to Innovative Keyboard Instruction, 2841 S. Southwind Dr., Gilbert, AZ 85296. Class is \$59 (non-resident \$71). For more information, call 623-930-4613.

Ballet Under the Stars - FREE!

7 p.m., Sunday, Sept. 23, Sahuaro Ranch Park Historic Area, 9802 N. 59th Ave.

Ballet Arizona presents Ballet Under the Stars. Spend a relaxing evening under the gorgeous Arizona sky as Ballet Arizona continues its annual season-opening tradition with Ballet Under the Stars. Enjoy classical and contemporary ballet in a casual setting for FREE. Ballet Under the Stars 2012 is generously supported by APS, Art Works, City of Glendale Arts Commission, City of Goodyear, City of Tempe, Estrella by Newland Communities, Fountain Hills Community Foundation, KBAQ and KJZZ, Recreation Centers of Sun City West, The Arizona Republic, The Steele Foundation, Town of Fountain Hills, US Airways and the Walmart Distribution Center #703. For more information, visit balletaz.org or call 602-381-0184.

Lego Mania

3:30 – 5 p.m., Monday, Sept. 24, Glendale Main Library, 5959 W. Brown St.

Ages 5-12 can come and build Lego masterpieces with us. This is a first-come, first-served activity. For more information, call 623-930-3757.

Acoustic Jam Session

6 p.m., Wednesday, Sept. 26, Glendale Main Library, 5959 W. Brown St.

Bring your acoustic instrument and play round-robin style. Audience is welcome to just come and enjoy the music. For more information, please call 623-930-3573.

Writers Group Workshop

6 – 8 p.m., Wednesday, Sept. 26, Foothills Branch Library, 19055 N. 57th Ave.

Join us the final Wednesday of each month to meet fellow writers and hear thoughtful feedback on your own work. All genres and writing styles welcome. New attendees must call to register. For more information and to register, call 623-930-3853.

“Get Graphic!” Teen Book Club

6:30 p.m., Thursday, Sept. 27, Velma Teague Branch Library, 7010 N. 58th Ave.

Manga and comic book fans will not want to miss this monthly opportunity to talk with other teens about their favorite graphic reads. Upcoming movies and video games will also be discussed. Bring along a graphic novel or comic book of your choice. Snacks will be provided. Ages 12-18. Please call 623-930-3431 or visit www.glendaleaz.com/Library/LibraryEvents.cfm for more information and to register.

Couch Potato to 5K (Beginning running program)

9 a.m., Saturdays, beginning Sept. 29, Foothills Recreation & Aquatics Center, 5600 W. Union Hills Dr.

Go from the couch to the 5K finish line with training that gradually increases your endurance and fitness level during this 11-week program. Receive guidance every step of the way in a fun, group setting. Each morning session starts with a 30-minute, running-related workshop followed by a group training run. Minimum age is 8 and those under 16 must have parent/guardian signed up for class. Program is \$35 (non-resident \$45). On December 15, those interested in putting their skills to the test can meet at the Adobe Dam Regional Park for the Jingle Bell Run 5K (separate fee). For more information, call 623-930-4600.

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